

REPORT TO: Safer Policy and Performance Board

DATE: 12 September 2017

REPORTING OFFICER Strategic Director –
Enterprise, Community and Resources

PORTFOLIO: Community Safety

SUBJECT: Alcohol and Substance Misuse in Halton

WARDS: Borough Wide

1.0 PURPOSE OF THE REPORT

1.1 To update the board on the work carried out to tackle Alcohol and Substance misuse across the partnership in the Borough.

2.0 RECOMMENDATION: That

- 1) The report be noted; and**
- 2) The Board consider the information presented and raise any questions of interest or points of clarification following the presentation.**

3.0 SUPPORTING INFORMATION

3.1 Trading Standards North West Survey: The Young Persons' Alcohol and Tobacco Survey has been conducted in the North West every two years since 2005. Fieldwork for the latest survey took place between January and April 2017.

Key findings of the 2017 survey included

- The percentage of young people in the North West drinking alcohol once a week or more continues to fall (44% in 2007 to 9% in 2017)
- Regular and occasional binge drinking levels have also fallen in the last two years amongst young people in the North West.
- Latest figures also indicate that young people in the North West are drinking less alcohol per week compared to previous years.
- There appears to be a continuing fall in young people drinking in pubs and clubs, instead choosing to drink supervised at home or their friends' houses.
- Young people mainly getting alcohol from family
- The percentage of young people in the North West claiming to purchase alcohol themselves is unchanged (13%), and they are most often buying from off licences and shops.

- There appears to have been a significant fall in the percentage of young people in the North West being asked for ID when buying alcohol.
- Where they have bought alcohol themselves, 1 in 7 young people claim to have used someone else's ID. Increases significantly amongst 17 year olds.
- Young people appear to becoming more sensible towards alcohol. There has been a fall in the percentage of young people who think that getting drunk is normal and fun, although attitudes towards drinking do change significantly amongst 17 year olds.
- Young people's understanding of the legislation regarding them buying and drinking alcohol appears to have fallen in the last two years

3.2 Opiate Clients: During quarter 4, Halton's opiate successful completion rate is performing below the CGL (Drug and Alcohol Service) and Public Health England (PHE) national averages. As a service CGL have recognised that improvement is required, and in response to recent data, the service has developed an action plan to address some key areas.

One action has highlighted the need for a review of all current service users in conjunction with recovery co-coordinators and support staff. This has led to the provision of workshops to enable staff to develop skills in working with service users 'stuck' in treatment. In addition, the service has provided additional training workshops, internally monitored performance at fortnightly management performance meetings and has increased visible recovery across both Widnes and Runcorn sites. The service will also review the current staffing structure to ensure there is adequate and safe staffing across the service.

At the end of Q4, the service reviewed the opiate new treatment journeys for opiates to establish if there was an increase in treatment for those who were in treatment for the first time (known as treatment naïve). Due to the limitations of the data collected, the information reviewed relies on the accurate disclosure of service users when they engaged in service. Of the 137 opiate service users who engaged in treatment, 133 were taken onto the structured caseload for treatment. Of this 133, 107 had previously been known to treatment services. Of the 26 that were not known to service, 2 had disclosed that they had been in treatment in other services previously, leaving a remainder of 24 'treatment naïve' individuals.

3.3 Flu vaccinations: Throughout the flu campaign Halton service has vaccinated 100 service users which will have a great impact on the Halton service users especially as these service users tend to be the hard to reach cohort.

3.4 Mental Health: Following publication in November 2016 of Nice Guidance 'Coexisting severe mental illness and substance misuse: community health and social care services', CGL took the opportunity to review the current dual diagnosis pathways and improve joint working between mental health services and CGL. There has been an agreement to increase interagency work between mental health and substance misuse services in Halton with emphasis being placed on all teams being flexible and problem solving together.


This will include joint appointments for CGL and Mental Health Staff and a monthly joint dual diagnosis formulation meeting. The partners have agreed that a flexible approach would be adopted to promote the engagement and assessment of individuals referred to the Halton Assessment Team by CGL, and there would be closer working on the Wards at the Brooker Centre.


3.5 ETE – The Work Company: During this year the Work Company have supported 73 individuals affected by substance misuse to address their education, training and employment needs. Support can vary from confidence and self-esteem building, to interview preparation and CV building. In addition, education and employment options are discussed, with links made with local employers to support service users into work.

Since April 2016, The Work Company has supported individuals in gaining 114 qualifications. These have been in a range of different courses including First Aid, CSCS, Food Safety, Counselling, Computers, Mathematics and English. During the same period, we have seen 3 individuals commence voluntary work, with 29 individuals gaining employment within various sectors.



4.0 PROGRESS AGAINST RELATED TARGETS

4.1 Reducing the harm from alcohol

Ref	Objective	
PH 04	Reduction in the harm from alcohol: Working with key partners, frontline professionals, and the local community to address the health and social impact of alcohol misuse:	
Milestone	Progress Q4	Supporting Commentary
Implement the Halton alcohol strategy action plan working with a range of partners in		Good progress is being made towards implementing the Halton alcohol strategy action plan. Key activity includes: <ul style="list-style-type: none"> ▪ Developing a coordinated alcohol awareness campaign plan. ▪ Delivery of alcohol education within local school settings (Healthitude,

Milestone		Progress Q4	Supporting Commentary			
order to minimise the harm from alcohol and deliver on three interlinked outcomes: reducing alcohol-related health harms; reducing alcohol-related crime, antisocial behaviour and domestic abuse and establishing a diverse, vibrant and safe night-time economy.			<p>R U Different, Amy Winehouse Foundation, Cheshire Police, Alcohol education Trust, wellbeing web magazine).</p> <ul style="list-style-type: none"> Ensuring the early identification and support of those drinking above recommended levels through training key staff members in alcohol identification and brief advice (alcohol IBA). Reviewing alcohol treatment pathways Working closely with colleagues from licensing, the community safety team, trading standards and Cheshire Police to ensure that the local licensing policy supports the alcohol harm reduction agenda, promoting more responsible approaches to the sale of alcohol (e.g. promotion of Arc Angel and the local pub watch schemes within Halton), promoting a diverse night-time economy. Working to influence government policy and initiatives around alcohol: 50p minimum unit price for alcohol, restrictions of all alcohol marketing, public health as a fifth licensing objective. 			
Ref	Description	Actual 2015/16	Target 2016/ 17	Quarter	Direction of Travel	Supporting Commentary
PH LI 07 (SCS HH 1)	Admission to hospital episodes for alcohol-related conditions (narrow) (Rate per 100,000 population)	841.9	841.9	846.7 (Q3 2016/17)		The Q3 2016/17 rate suggests that the admission rate has increased slightly from the end 2015/16. At the moment the rate is slightly above the target for 2016/17.

4.2 Substance Misuse

Sustainable Community Strategy Area Partner Indicators							
CCC 19 SCS SH7a	Increase the percentage of successful completions (drugs) as a proportion of all treatment (over 18)	29.7% (2015/16)	Above NW Average	17.3% (2016/17)		<input type="checkbox"/>	Successful completions (according to the NDTMS website) show good progress against the national (15.3%) and North West (16.8%) averages. The Halton percentage has decreased from the previous year (29.7%).
CCC 20 SCS SH8a	Reduce the number of individuals re-presenting within 6 months of discharge	8.0% (Mar 16)	Below NW Average	8.9% (Mar 17)		<input type="checkbox"/>	Re-presentations within 6 months (according to the NDTMS website) are lower compared to the national (10.7%) and North West (10.3%) averages. The Halton percentage has increased since last year (8.0%).

5.0 CHILDREN AND YOUNG PEOPLES SERVICES

5.1 School and college based alcohol education programmes:

Healthitude programmes: All schools in Halton have been offered the *Healthitude* programme. During Q1 the *Healthitude* programme has continued to be delivered in schools in Halton, with 150 young people engaged in alcohol sessions.

Young Addaction: During Q1 Young Addaction delivered weekly drop in sessions at the following schools:

5.0 Ormiston Bolingbroke Academy

6.0 Ormiston Chadwick Academy

7.0 Saints Peter & Paul Catholic College

The average number of young people accessing weekly session was 19. Information was given around alcohol and its impact on decision making, self-esteem and risk taking behaviour. During Q1 Young Addaction ran a Half Term programme, engaging and offering diversionary activities open to the young people of Halton, where information and interventions were given around alcohol. Activities included:

- Graffiti Art, Ice Skating, Velocity, Movie & Activity Days, Trips

In total 88 young people accessed the provisions of diversionary activities during half term break with each young person receiving a brief intervention around alcohol.

During Q1 Young Addaction encouraged YP to download the My Health Passport App and a further 61 downloads occurred. Current number of downloads sits at 781 for young people – this is on line media platform to share messages with young people.

Amy Winehouse Resilience Programme:

During Q1 the Amy Winehouse Resilience programme was delivered across Halton.

- P&P school – 6 week skills 4 change programme (covers substance misuse) to 11 young people
- Grange School Health day – 181 pupils given life story share and brief intervention
- Ashley School – 28 pupils given life story share and brief intervention
- Oakfield Primary School – Parents event giving advice around substance misuse to young people

5.2 Community based alcohol activity:

During Q1 Young Addaction delivered a series of alcohol awareness sessions across the 1 week of the half term at the following youth clubs, Mayors Award sessions and DofE sessions.

- Murdishaw
- Upton
- Halebank
- Hale
- CRMZ
- HUB
- West Runcorn

In total 272 young people were given a brief intervention within the youth club they attended.

During Q4 Young Addaction deployed the VRMZ and Street based team for a total of 129 hours (evening, weekend and during the day in the school holidays). In total 689 young people were given information, advice and guidance around alcohol (and other subjects) during the period and the holidays.

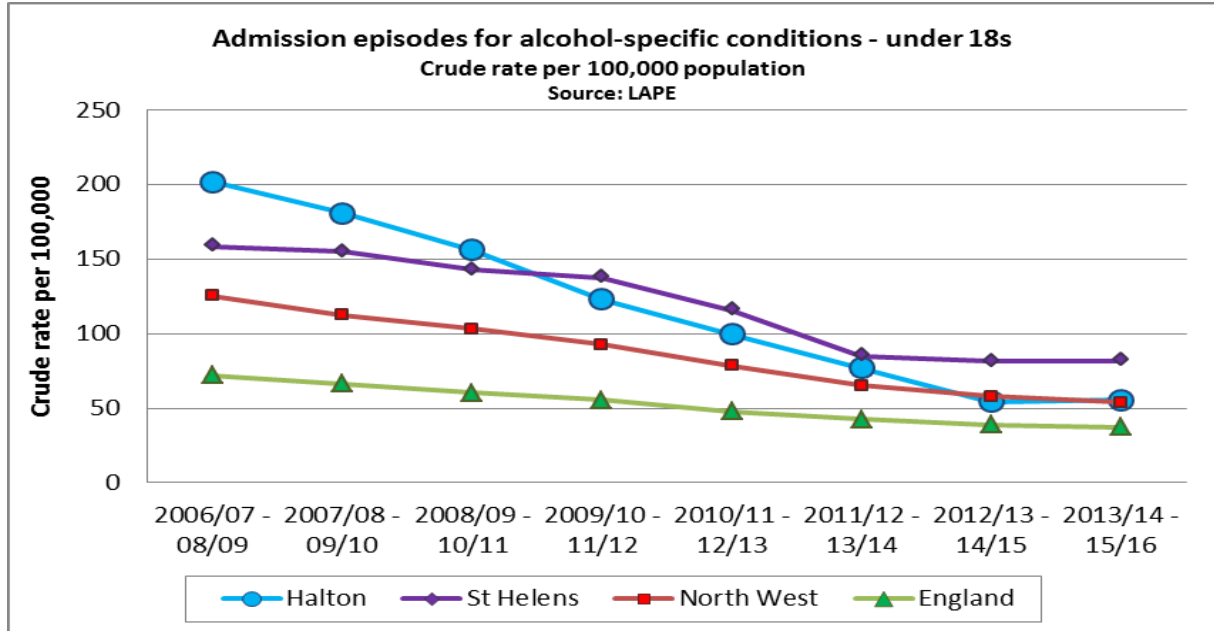
5.3 Early identification and advice

During Q1 the Halton Health Improvement Team delivered Alcohol Identification and Brief Advice (Alcohol IBA) training to key staff working with young people within Halton. This included a presentation delivered to carers and family members of young people affected by addiction.

5.4 Treatment data

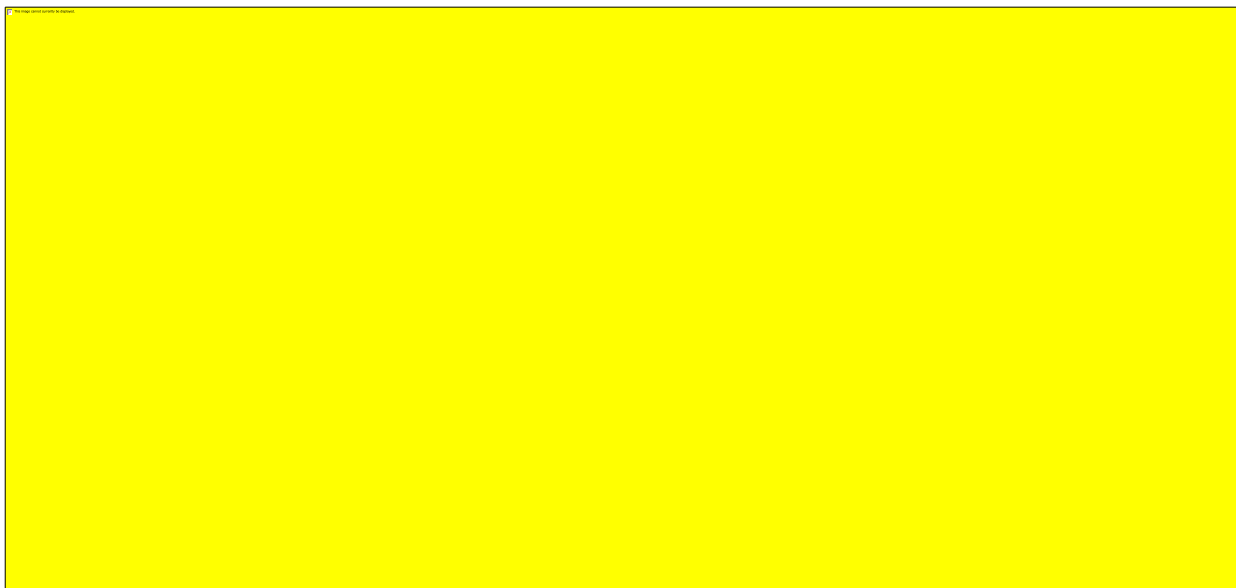
Under 18 admission episodes: Public Health England recently released the 2015/16 hospital admissions due to alcohol. This latest release has seen a slight change in the way the under 18 rate is calculated. Rather than one admission for each individual being used (as in previous years), it now uses all admissions. This means that if a person is admitted multiple times during the year, all of these admissions are included.

Halton has seen a greater reduction (72%) in under-18 admission episodes due to alcohol-specific conditions compared to England (48%), the North West (57%) and St Helens (48%), since 2006/07-2008/09. Despite this decrease, the Halton rate remains significantly higher than the England average. However, the rate is similar to the



North West average and lower than the St Helens rate.

Admissions to hospital for substance misuse in people aged 15 – 24 have demonstrated a continued increase and are higher in Halton than both the North West and National averages. Work is underway to develop consistent health promotion messages and to target interventions where they will have the most impact. This work will include the Youth Service, Health Improvement Team, School Nursing and the Police as well as all other partners with an interest in this area.



Community Specialist Treatment: At the end of Q1 the Halton's young person's substance misuse service delivered by Young Addaction had 93 young people in service across HH, Tier 2 and Tier 3, with 29 being in treatment for substance misuse, of these 16 cited alcohol as their primary substance.

Support for children and young people affected by parental/sibling alcohol misuse: During Quarter 1, 24 new young people accessed the Young Addaction Hidden Harm Service, 17 of those young people had parents whose main substance issue was stated as Alcohol. Referrals came from the adult substance misuse provider and GPs.

6.0 Reducing underage drinking and associated anti-social behaviour – The Community Alcohol Partnership (CAP):

6.1 Work is underway as part of the Halton CAP to develop diversionary activity for young people with the local boxing club.

2 teachers from Ormiston Bolingbroke Academy Murdishaw attended the Alcohol Education Trust teacher training day and received the work books and training packs provided by Alcohol Education Trust.

An alcohol action day was arranged with Ormiston Bolingbroke Academy for Wednesday 19th July. Partners involved in the CAP including, Cheshire Police, AET, Young Addaction and Public Health all committed to being involved. CAP partners have also attended the Phoenix Park Experience family event during the summer holidays.

A campaign has also begun to educate young people of the consequences of under-18s using other people's passports/driving licences. A fake ID poster has been developed and partners have also circulated material via social media.



6.2 Operation Stay Safe:

No Op Staysafe was carried out during Q1. The Community Safety Team (CST) and partners have reviewed and evaluated the Staysafe

Operation over the past 24 months and the information and results would indicate that the problem (alcohol and young people) is not as prevalent as it was prior to 2015, data from Quarterly reports which include A+E admissions would verify this. Due to the significant reductions in young people found with alcohol and the demands on partnership resources on a Friday night to deliver the Operation it has been momentarily stopped, however Cheshire Constabulary will continue to collect intelligence and provide patrol plans to youth congregation hotspots e.g. Fir Park, Victoria Park, Runcorn Hill, particularly during exam week and the summer holidays to see if Op Staysafe (with partners) is necessary and more importantly to ensure the safeguarding of young persons and substance misuse.

7.0 SPECIALIST COMMUNITY SERVICES FOR ADULTS

7.1 Prevention and Early Identification activity: During Q1 the Halton Health Improvement Team used the non-Alcohol Bar, beer goggles and glasses showing alcohol units to inform people around safe and sensible drinking and the new safe drinking guidelines at the following workplace events for Mechicem work sites:

- Rocksavage 55 people
- The Heath 26 people

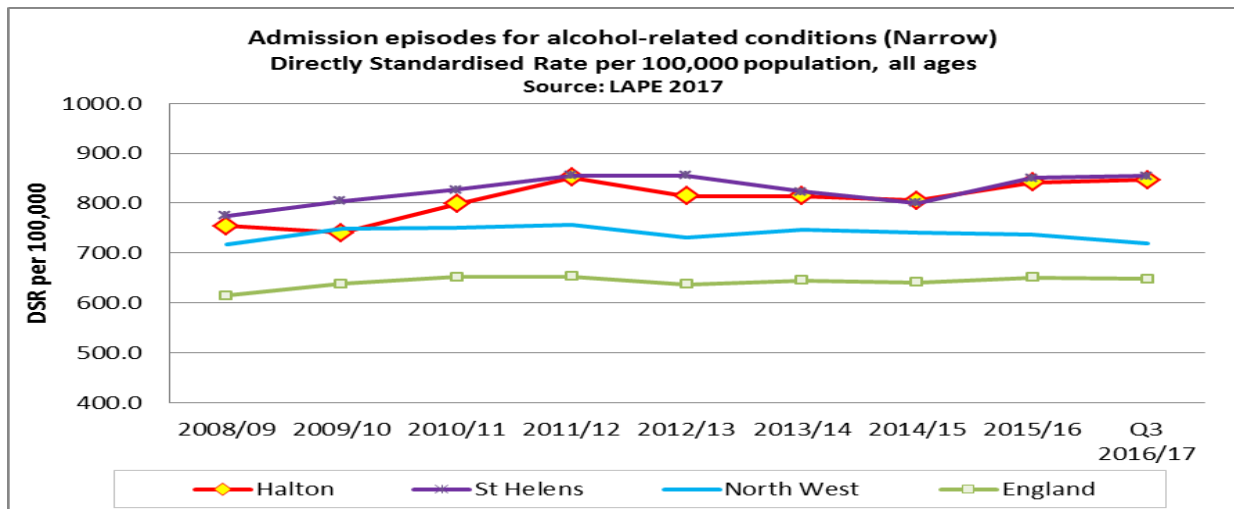
Other groups receiving non - Alcohol bar and information on safe and sensible drinking were:

- Adults affected by addiction – Presentation delivered to carers and family members.
- Health Trainers delivered alcohol awareness presentation to 40 new clients.

During Q1 the Halton Health Improvement Team delivered Alcohol Identification and Brief Advice (Alcohol IBA) training to key staff working with adults in Halton including Carers Centre Staff

7.2 Treatment and recovery

Hospital Alcohol admission data: Admissions due to alcohol related conditions (narrow) have decreased from a peak in 2011/12, however, the rate did increase between 2014/15 and 2015/16. Despite this increase, it is the lowest within Merseyside during 2015/16; however the rate remains significantly higher than the England average. The Q3 data for 2016/17 (Q4 15/16 to Q3 16/17) suggests a slight increase in the admission rate.



Alcohol Liaison Nurse Service: The review of both the Whiston and Warrington services is still underway. Halton CGL continues to work with the neighbouring CGL service in Warrington to provide in reach support to Warrington hospital. This includes daily contact with a hospital in reach worker and onsite support at Warrington hospital one day per week.

Work with Whiston Hospital is developing – CGL are developing in reach activities and the ALN service will now ensure that staff are dual trained so that they can support both alcohol and drug use. The Trust has started to build drug related expertise in the Hospital and will use the ALN service to gather intelligence re drug use and begin to sharpen the response in particular to any presentation of Novel Psychoactive Substances (NPS).

Community Treatment Services: During Q4, the service received 73 new referrals for alcohol only (50) or alcohol and non-opiate problems (23).

Local data suggests that by the end of Q4 120 individuals were engaged in structured treatment where alcohol was the primary concern, and 78 were involved in post treatment recovery support. A further 46 clients were in receipt of support for non-opiate and alcohol problems. For Q4, 38.7% of individuals who have commenced extended brief interventions (EBI) have completed successfully.

Alcohol Detoxification services: From the end of year data, CGL have supported 46 detoxes - 7 medically assisted detoxes, 35 in-patient detoxes and 4 alcohol reductions. In addition the service has supported 89 individuals to successfully complete an alcohol programme to address their alcohol consumption. Extended Brief Interventions (EB) are without medical intervention and utilise a group work programme and peer support.

Effective Engagement of New Drug Treatment Journeys: The number of new treatment journeys year to date (May 2017) excluding

Alcohol clients is 281. The latest CGL internal report (May 2017) shows Halton has an effective engagement rate of 96.3% for problematic drug users (PDU). For all drug users 18+, Halton is 98.5%, which is 2nd highest among other CRI NW services.

Treatment Exits, Completed Treatment: Latest CGL internal report (May 2017) shows Halton has a Recovery Rate (same as PHOF Indicator 2:15) for Problematic Drug Users (PDU) of 6.1% which is the 5th highest of all other CGL NW Services. For all drug 18+ (excluding Alcohol) the figure is 16.9%, 4th highest in CGL NW Services, including Alcohol clients the figure is 36.9%, 3rd highest in CGL NW Services.

Harm Reduction: The percentage of eligible new treatment journeys (YTD) offered Hep B vaccination is higher than the 90% target and is currently at 100%. The percentage of new treatment journeys (YTD) offered Hep B vaccination who have started or finished a course of vaccination is above the 40% target at 58%. The percentage of new treatment journeys (YTD) previously or currently injecting who have been offered Hep C screening is 100% (YTD) which is same as last year (100%).

8.0 EMERGING ISSUES

8.1 Cheshire and Merseyside Five Year Forward View Alcohol Board Established: The Cheshire and Merseyside FYFV programme plan sets out actions which if delivered at scale will prevent alcohol-related harm, improve health and social outcomes for individuals and communities and reduce demand on local services across health, social services and criminal justice settings. A multi-agency board has been established to provide oversight and drive this work forward.

8.2 Drink Less Enjoy More Campaign: Halton, along with the other areas in Cheshire and Merseyside has agreed to take part in the Drink Less Enjoy More campaign which aims to reduce drunkenness by improving awareness that it is illegal to serve or buy alcohol for someone who is clearly drunk, and to improve compliance with these laws.

The Objectives of the campaign are to:

- Raise awareness amongst night time economy (NTE) visitors that they won't get served if they are drunk
- Raise awareness that it's illegal to buy alcohol for someone (e.g. a friend) who is drunk
- Raise awareness amongst bar staff that it's illegal to serve drunks and potential repercussions
- Encourage binge drinkers to drink less before visiting the city-centre
- Encourage binge drinkers to drink less whilst in the city-centre
- Reduce sales of alcohol to patrons who are excessively drunk

Evaluation of the campaign in Liverpool has demonstrated significant benefits including reduction in pre-loading, reduced tolerance drunken behaviour, increased knowledge a confidence of bar staff in not serving drunk:



8.3 Service User Deaths: Between 01/04/2016 until 31/03/2017 there have been 20 service user deaths reported in Halton Integrated Recovery Service. Eleven of these service users were recorded as residing in Widnes and nine as residing in Runcorn. Of the deaths reported 18 service users were male. CGL have recognised that this information corresponds with the office of national statistics report which explored 'deaths related to drug poisoning in England and Wales 2015'. Within this report it states '*Males were almost 3 times more likely to die from drug misuse than females (65.5 and 22.4 deaths per million population for males and females respectively).*

The investigation found the number of service users deaths were at its highest at the age range of 45-54. Of the 20 deaths CGL's investigation has found that 10 accessed the service for support with alcohol use, 5 opiate, 1 opiate and cocaine, 1 cannabis, 1 amphetamine and 2 alcohol and cocaine.

Halton Integrated Recovery Service has witnessed a significant increase in complexity of need for alcohol service users. A number of the alcohol deaths that occurred has been referred to the service whilst in hospital accessing treatment for acute health needs. From the investigation CGL have established that better liaison with the local hospitals is required to establish whether or not their physical health is their primary presenting issue and if recovery orientated services are suitable at that time.

8.4 Hepatitis: There have been a number of advances in treatments for Hepatitis that completely change the nature of the treatment process and the possibilities of fully clearing the virus. The delivery of these treatments is managed through operational delivery networks and there are variable numbers of people referred for treatment from each area.

There are many potential barriers to accessing treatment for clients in drug treatment including denial or a lack of awareness of infection, fear of treatment due to a lack of knowledge about new treatments, ill health

or practical barriers such as location of treatment. It is essential that efficient systems are in place to allow as many people as possible to overcome barriers and access treatment.

With this in mind an event will shortly take place to bring together commissioners, drug treatment provider leads and hepatitis treatment providers to consider current pathways for Hepatitis screening, diagnosis, treatment and support in each local authority area, agree best practice and put together joint action plans to move towards an ideal pathway for each area and some consistency across Cheshire and Merseyside.

- **LIST OF ADDITIONAL REPORTS/PAPERS SUBMITTED FOR INFORMATION**

9.0 FINANCIAL UPDATE

No significant impacts within the quarter from a financial perspective.

10.0 IMPLICATIONS FOR THE COUNCIL'S PRIORITIES

10.1 Children and Young People in Halton

The Community Safety Service as a universal service impacts on the health, safety and well-being of young people.

10.2 Employment, Learning and Skills in Halton

None

10.3 A Healthy Halton

The Community Safety Service as a universal service impacts on the Health, safety and well-being of the residents of Halton.

10.4 A Safer Halton

The Community Safety Service as a universal service impacts on the Health, safety and well-being of the residents of Halton.

10.5 Halton's Urban Renewal

None

10.6 RISK ANALYSIS

None

10.7 EQUALITY AND DIVERSITY ISSUES

None

**10.7.1 LIST OF BACKGROUND PAPERS UNDER SECTION 100D
OF THE LOCAL GOVERNMENT ACT 1972**

There are no background papers under the meaning of the Act.